

Adelphi Portrush

Dermalogica Facial Treatments

Express Facial (30mins) £35.00

Specifically customised to your skin, this mini-treatment is designed to cleanse away impurities, leaving you & your skin feeling refreshed & revitalised.

Prescriptive Facial (60mins) £49.00

For all skin types, using face mapping we choose products specifically to suit your skin. With an 8-step procedure your skin will look & feel noticeably improved.

Ultra Calming Facial (60mins) £49.00

Controls red, itchy or burning skin. Using Dermalogica Ultra Calming range—it calms & soothes by targeting the triggers of redness, itching & stinging. Gives long term relief from flare ups.

Age Smart Treatment (60mins) £59.00

Using highly concentrated Age Smart Professional Range, this treatment smoothens & reinforces the skin, helping to correct & prevent signs of aging. Best for people worried about fine lines .

Hydrating Mud Facial (60mins) £59.00

An advanced facial treatment to penetrate the skins layers blasting away problem skin using Dermalogica oatmeal mud masque. It will nourish, regenerate & revive your skin.

Men's Hot Towel Facial (30mins) £35.00

A relaxing facial to retreat from the unpleasant effects of shaving. Hot towels penetrate & open pores to encourage circulation. Proven to relieve tired eyes & stress

Dermalogica Body Treatments

Exfoliating Body Scrub (30mins) £30.00

This treatment uses hydro-active mineral salts to remove dead skin cells. It will help smooth skin, relax tired muscles & soothe the senses.

Enzymatic Sea Mud Wrap (40mins) £35.00

This purifying seaweed & mineral wrap will detoxify & nourish your body. An infusion of aromatic botanical extracts & fruit enzymes will leave your skin smooth & supple.

Adelphi Portrush

Massage Treatments

Relax your mind, Soothe your soul and lift your spirit with one of our tailored massage treatments. Each massage uses a blend of aromatherapy to deal with your specific needs. Some of the health benefits of **aromatherapy** include its ability to reduce anxiety, ease depression, boost energy levels, speed up the healing process, eliminate headaches, boost cognitive performance, induce sleep, strengthen the immune system, reduce pain, improve digestion, and increase circulation.

All Massage treatments are tailored to your choice of pre-blended massage oil.

Choose from one of following:

Dermalogica Stress Relief, Renewed Energy, Toxin Flush, Tranquility, Muscle Ease or Nourish & Hydrate

Back, Neck & Shoulder (25 mins) £35.00

Back, Neck & Shoulder (40 mins) £45.00

Indian Head Massage (30 mins) £40.00

Traditional Deep Tissue Swedish (55 mins) £65.00

Full Body (55 mins) £55.00

Deep Tissue Advanced Full Body (90mins) £90.00

Ideal for Golfers as it can be tailored to concentrate on the lower back, glutes, hips and shoulders.

Combining **Hot Stones** with a full body massage provides a very healing and effective experience. The Hot Stones heat the muscles enabling the therapist to work a lot deeper with less of the pain experienced with deep tissue. The Hot Stones have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation. You can add Hot Stones to any of our massage treatments for only £15

Express Treatments

Express Manicure (30mins) £29.00

Express Pedicure (30mins) £29.00

Nail File & Buff (15mins) £12.50

Adelphi Portrush

Hand & Foot Treatments

Shape and Polish (20mins) £15.00

Shape and French Polish (30mins) £18.00

ASP Gel Shape and Polish (30mins) £25.00

OPI Adelphi Manicure (60mins) £35.00

OPI Adelphi Pedicure (75mins) £40.00

ASP Gel Manicure (60mins) £40.00

ASP Gel Pedicure (90mins) £60.00

Gel Removal (30mins) £10.00

Hair Removal Treatments

Lip or Chin £8.00

Eyebrow £8.00

Underarm £10.00

Forearm £8.00

1/2 Leg £15.00

3/4 Leg £19.00

Full Leg £22.00

Full Leg & Bikini Line £28.00

Bikini Line From £9.00

Brazilian £19.00

Chest or Back From £25.00

Eye Treatments

All eye treatments require Patch Test, 24 hours prior

Eyelash Tint (15mins) £11.00

Eyebrow Tint (15mins) £ 7.50

Eye Package (30mins) £22.00

(inc eyebrow tint, eyelash tint and eyebrow wax)

Spray Tanning

Full Body 45 mins £25.00

Half Body 30 mins £15.00

Treatment Packages...

Head to Toe Package

Express Facial, 25 min Back Neck and shoulder

Massage with Hot Stones and an Ayurveda Head, hand and arm Massage

£79.00

(Allow 75 minutes for Treatments)

Mum-to-be Package

Dermalogica Prescriptive Facial & an Indian Head Massage

Only £75.00

(Allow 90 minutes for Treatments)

Ladies Spa Day

Choice of Express Treatment (30mins)

Manicure or Pedicure

Back, Neck & Shoulder Massage

Express Facial

Access to our Health Suite

Glass of Bubbly

Robes & Slippers

Only £59.00pp

(Based on minimum of 4 people)

If cancelled within 24 hours no charge
Less than 24 hours 100% will be charged
Our rates are subject to change



67-71 Main Street
Portrush
BT56 8BN

028 7082 5544

E-mail: stay@adelphiportrush.com

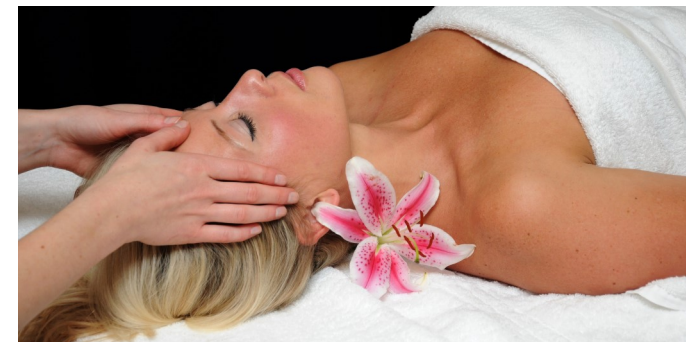
Web: www.adelphiportrush.com

Like "Adelphi Portrush" on Facebook for
Exclusive Offers All Year Round

dermalogica®
a skin care system researched and developed by The International Dermal Institute



The Adelphi Spa Treatment List



Open 7 days a week