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<b>Selection of Sandwiches</b> (served from 12 noon - 3.30pm only) On brown or white bread, please choose up to 3 fillings: Ham, chicken, tuna, tomato, cheese, onion, peppers, or lettuce (please ask your server for allergens)	£6.00
<b>Filled Panini</b> (served from 12 noon - 3.30pm only) Choose from: chicken and cheese / ham and cheese / tuna and onion (please ask your server for allergens) Served with choice of dip: mayonnaise / sweet chilli / BBQ	£6.50
<b>Soup of the Day</b>   With wheaten bread (please ask server about allergens)	£5.00
<b>Prawn Cocktail Salad</b>    Atlantic prawns tossed with Marie Rose sauce, served with homemade wheaten bread, lemon wedge and mixed salad	£6.50
<b>Garlic Mushrooms</b>    Garlic bread croûte topped with sautéed mushrooms in garlic butter and finished with balsamic glaze	£4.50
<b>Grilled Pear &amp; Goat's Cheese Salad</b>  Chef's marinated goat's cheese, sunblushed tomatoes and griddled conference pear with balsamic and dressed mixed leaves	£6.50
<b>Smoked Mackerel</b>     Crispy leaves, tangy potato & horseradish salad	£7.00
<b>Chicken Caesar Salad</b>      Baby gem, parmesan, crispy bacon, garlic croutes	£6.50

## THE MAINS (with choice of side)

<b>Boneless Chicken Maryland</b>     Breaded chicken fillet, pineapple and banana served with back bacon and sweetcorn	£13.00
<b>Grilled Chicken</b>   Fillet of chicken served with a choice of gravy, garlic or pepper sauce, topped with crispy tobacco onions	£12.00
<b>Chicken &amp; BBQ Melt</b>    Grilled chicken & prime back bacon baked with bbq sauce & cheese, served with dressed leaves	£12.00
<b>Chicken Mozzarella</b>     Pan fried chicken, roasted Mediterranean veg, mozzarella, dijon mustard & pepper sauce	£12.00
<b>8oz Sirloin Steak</b>   Local sirloin cooked to your preference served with grilled tomato, tobacco onions & sauce of choice	£16.00
<b>6oz Steak Burger</b>    Succulent butcher's steak burger topped with bacon, melted cheese & relish	£11.00
<b>Honey Chilli Beef Pitta</b>    Tender beef strips of sirloin steak in a honey chilli sauce, served in a pitta with sour cream	£14.00



Contains Dairy



Contains Egg



Contains Fish



Contains Shell Fish



Contains Soya



Contains Tree Nuts



Contains Wheat



Contains Mustard



Contains Celery





Contains Sulphites

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## THE MAINS (with choice of side)

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- Beer Battered Cod**  **£14.00**  
Prime fillet of Atlantic cod fried in our signature light crisp batter, served with mushy peas, tartare sauce and a wedge of lemon
- Scampi**  **£14.00**  
Whitby breaded scampi served with dressed salad and a fresh lemon slice

**The above mains include your choice of side, choose from:**

Chunky Chips / Skinny Fries / Mash / Champ / Garlic Dice / Chilli Dice / Mixed Veg / Mixed Salad / Tobacco Onions

**Extra Side orders £3.50**

**Homemade sauces include:** Pepper Cream / Garlic / Gravy

**Extra Sauce Portions £2.00**

**Extra Dips:** Mayonnaise / Garlic Mayonnaise / Sweet Chilli Sauce / BBQ






**Extra Dip Portions £0.50**

PLEASE TELL YOUR SERVER IF YOU HAVE ANY ALLERGENS.

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## COMPLETE MEALS

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- Chicken Curry**  **£12.00**  
Chunks of chicken fillet in the chef's medium curry sauce, served with basmati rice or half and half (£1.00 extra)
- Vegetable Curry** **£11.00**  
Stir fried vegetables in the chef's own medium curry sauce, served with basmati rice or half and half (£1.00 extra)
- Mediterranean Vegetable Pasta**  **£11.00**  
Chunky sautéed vegetables tossed with penne pasta in a tomato and roast pepper sauce, served with parmesan and garlic bread
- Three Cheese & Vegetable Ciabatta**  **£11.00**  
Mediterranean veg compote, parmesan, feta, mozzarella, rocket & basil salad
- Bangers and Mash**  **£10.00**  
Pork & Leek Sausages served with champ & caramelized onion gravy
- Pan Fried Salmon**  **£15.00**  
Marinated in soy & ginger, chilli & lime rice and green vegetables
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## DESSERTS

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Please ask server to see our daily dessert menu

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## DAILY SPECIALS

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Please ask server for our daily specials



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Contains Egg



Contains Fish



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Contains Sulphites