



Dermalogica Facial Treatments

Express Facial (25mins) £45

Specifically customised to your skin, this mini-treatment is designed to cleanse away impurities, leaving you & your skin feeling refreshed & revitalised.

Prescriptive Facial (50mins) £55

For all skin types, we choose products specifically to suit your skin. With an 8-step procedure your skin will look & feel noticeably improved.

Ultra Calming Facial (50mins) £55

Controls red, itchy or burning skin. Using Dermalogica Ultra Calming range—it calms & soothes by targeting the triggers of redness, itching & stinging. Gives long term relief from flare ups.

Age Smart Treatment (50mins) £59

Using highly concentrated Age Smart Professional Range, this treatment smoothes & reinforces the skin, helping to correct & prevent signs of aging. Best for people worried about fine lines .



Massage Treatments

Relax your mind, soothe your soul and lift your spirit . Some of the health benefits of massage include its ability to reduce anxiety, ease depression, boost energy levels, speed up the healing process, eliminate headaches, boost cognitive performance, induce sleep, strengthen the immune system, reduce pain, improve digestion, and increase circulation.

Back, Neck & Shoulder (25 mins) £45

Indian Head Massage (25 mins) £40

Traditional Swedish (55 mins) £75

Pamper Package (50 mins) £75

(Express facial and a Back, neck & shoulder massage)

You can add Hot Stones to any massage treatment for £15

Combining **Hot Stones** with a full body massage provides a very healing and effective experience. The Hot Stones heat the muscles enabling the therapist to work a lot deeper with less of the pain experienced with deep tissue. The Hot Stones have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Our rates are subject to change



Please show at our reception desk at least 15 minutes before your scheduled appointment time to complete your consultation form.

Please be aware your appointment may be shortened if you arrive late, full payment is still due in this case

Cancellation or rescheduling is only allowed with 24hrs notice before an appointment

dermalogica[®]
a skin care system researched and developed by The International Dermal Institute



Spa Treatments



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Book online: adelphiportrush.com